

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?*

Kentucky BRFSS 2000

| Geographic Groups | Total Respond.# | None | | | 1-2 days | | | 3-13 days | | | 14-29 days | | | 30 days | | |
|-------------------|-----------------|------|------|-------------|----------|-----|-------------|-----------|-----|-------------|------------|-----|-------------|---------|------|-------------|
| | | N | % | C.I.(95%) | N | % | C.I.(95%) | N | % | C.I.(95%) | N | % | C.I.(95%) | N | % | C.I.(95%) |
| TOTAL | 6366 | 5033 | 81.1 | (79.8-82.4) | 220 | 3.7 | (3.1- 4.4) | 371 | 6.0 | (5.2- 6.9) | 213 | 2.7 | (2.3- 3.2) | 529 | 6.5 | (5.8- 7.3) |
| ADDs | | | | | | | | | | | | | | | | |
| Barren River | 435 | 351 | 80.5 | (75.6-84.6) | 15 | 3.3 | (1.9- 5.6) | 24 | 6.0 | (3.5-10.2) | 16 | 3.8 | (2.2- 6.5) | 29 | 6.4 | (4.3- 9.3) |
| Big Sandy | 345 | 233 | 67.5 | (61.7-72.8) | 10 | 3.7 | (1.9- 7.0) | 25 | 8.1 | (5.2-12.2) | 21 | 6.8 | (4.3-10.5) | 56 | 14.0 | (10.6-18.2) |
| Bluegrass | 501 | 412 | 81.1 | (76.8-84.7) | 19 | 4.4 | (2.7- 7.2) | 34 | 7.6 | (5.3-10.9) | 11 | 1.6 | (0.8- 2.9) | 25 | 5.3 | (3.5- 8.1) |
| Buffalo Trace | 331 | 262 | 81.3 | (76.3-85.3) | 17 | 4.5 | (2.7- 7.3) | 22 | 5.7 | (3.6- 8.7) | 4 | 1.3 | (0.5- 3.6) | 26 | 7.3 | (4.7-11.1) |
| Cumberland Valley | 400 | 290 | 74.0 | (68.9-78.6) | 13 | 3.0 | (1.7- 5.4) | 18 | 5.2 | (3.1- 8.7) | 24 | 5.4 | (3.5- 8.4) | 55 | 12.3 | (9.2-16.2) |
| FIVCO | 458 | 364 | 81.1 | (76.7-84.9) | 15 | 3.5 | (2.1- 5.9) | 28 | 5.3 | (3.6- 7.9) | 16 | 3.1 | (1.8- 5.4) | 35 | 6.9 | (4.8- 9.8) |
| Gateway | 447 | 357 | 80.6 | (75.9-84.6) | 18 | 5.5 | (3.3- 9.1) | 18 | 3.6 | (2.1- 6.1) | 14 | 2.7 | (1.5- 4.6) | 40 | 7.6 | (5.2-11.1) |
| Green River | 378 | 313 | 86.1 | (82.2-89.2) | 18 | 3.6 | (2.2- 5.8) | 17 | 3.7 | (2.2- 6.1) | 9 | 2.1 | (1.0- 4.2) | 21 | 4.5 | (2.9- 7.0) |
| Kentucky River | 425 | 302 | 74.3 | (69.5-78.6) | 6 | 1.6 | (0.7- 3.8) | 32 | 6.2 | (4.2- 9.0) | 21 | 4.2 | (2.6- 6.5) | 64 | 13.8 | (10.6-17.8) |
| KIPDA | 472 | 387 | 84.2 | (80.3-87.4) | 21 | 4.0 | (2.5- 6.5) | 29 | 5.9 | (4.0- 8.6) | 10 | 1.6 | (0.8- 3.1) | 25 | 4.3 | (2.8- 6.7) |
| Lake Cumberland | 410 | 325 | 81.1 | (76.4-85.0) | 10 | 2.6 | (1.2- 5.4) | 18 | 4.7 | (2.9- 7.6) | 16 | 3.5 | (1.8- 6.6) | 41 | 8.1 | (5.8-11.2) |
| Lincoln Trail | 431 | 354 | 82.5 | (78.2-86.1) | 8 | 1.8 | (0.9- 3.7) | 23 | 5.7 | (3.6- 8.9) | 14 | 3.2 | (1.8- 5.7) | 32 | 6.8 | (4.7- 9.7) |
| Northern Kentucky | 436 | 361 | 82.7 | (78.3-86.3) | 18 | 4.3 | (2.6- 6.9) | 23 | 4.8 | (3.0- 7.4) | 13 | 2.8 | (1.5- 5.0) | 21 | 5.4 | (3.4- 8.7) |
| Pennyryle | 430 | 350 | 82.8 | (78.6-86.4) | 12 | 3.2 | (1.8- 5.8) | 31 | 7.2 | (4.9-10.4) | 8 | 1.2 | (0.6- 2.5) | 29 | 5.5 | (3.7- 8.2) |
| Purchase | 467 | 372 | 80.4 | (75.8-84.3) | 20 | 4.2 | (2.6- 6.7) | 29 | 6.8 | (4.3-10.6) | 16 | 3.5 | (2.1- 5.9) | 30 | 5.1 | (3.4- 7.6) |

* Respondents reported no mental and physical health problems in the past month were not asked this question, however, they are included in the 'None' category.

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic, % = Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.